

Q – Cards



A Question card (or Q-Card as the cool kids call it) is a popular type of memory strategy when it comes to studying.

You take a flash card (or recipe card) or any rectangular shaped piece of paper and...

1. Write a question, word, concept, etc. on one side
2. Write the answer, definition, main points, etc. on the other side

It's about employing all the different ways to learn.

You WRITE the information when you create the Q-Card and you READ or SPEAK the information when you study.

To get the most out of your Q-Cards, try adding a picture next to the question. The more senses you employ while studying, the more associations your brain makes with the information. And we remember pictures easier than words.

Q-Cards are also transportable. They don't take up a lot of room and are easy to carry around with you, so you can study during "waiting time," when you're riding the bus or in line for coffee.

They also make reviewing information simple. The more times you review, the deeper the information is set in your memory.

Cuseo, Joseph B, Aaron Thompson, Michele Campagna, Viki Sox Fecas. *Thriving in College and Beyond: Research-Based Strategies for Academic Success and Personal Development*. Dubuque: Kendall Hunt Publishing Company, 2016.

Ellis, Dave. *Becoming a Master Student*. Boston: Houghton Mifflin Company, 2016.