

STUDY BUDDIES



We've all left conversations feeling smarter. Your friend knows something... you know something... you have a conversation about it and BAM! You both learned something else.

The same can work for studying.

Benefits to Group Studying

- Accountability. If you skip your own study session, who knows about it other than you? If you skip a group session, suddenly you have some irate study buddies
- What you don't know, another buddy might and vice versa
- Teaching others is an effective way to study
- You're talking out loud, explaining how you know this information
- It can make studying easier and more inviting
- You may find studying in groups less boring than studying on your own
- And you're more likely to be engaged since you're being active... listening and talking
- This can help with procrastination and ensuring that when you do study, you're being productive

Pick Your Members Wisely

- You want to work with other dedicated students
- The point of study buddies is to learn with each other, not for you to teach your classmates
- Friends don't always make the best group members as you share more experiences with them
- The fewer topics that can lead to distraction, the better
- And try to limit the group to about four people
- The larger the group, the greater the possibility for distraction

Study Group Structure

- Design a schedule or structure for each session
- Perhaps each meeting is about a specific chapter or topic
- Or, you might task each member with a question or topic and it is their job to teach everyone else about it
- Then you can go around the group, teaching each other your assigned topic

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