

CAMPUS RESOURCES



There are plenty of FREE resources available to you, all of which are designed for your success

Writing Centre - the STU Writing Centre offers free one-on-one assistance to students at all stages of the writing process.

The Writing Centre can help you:

- Organize your thoughts
- Plan and improve your assignments
- Learn how to cite sources
- Strengthen your writing skills

Students can book up to two 50-minute appointments per week, one per day (availability permitting). All appointments are booked at stu.mywconline.com or visit Moodle → [Writing Centre](#)

Peer Tutoring - peer tutoring is available to all students during the regular academic year (September to April). Students are eligible to receive up to 2 hours of free tutoring per week.

Tutors can help you:

- understand ideas and readings from class,
- review and organize your notes,
- complete practice exercises, and
- find and evaluate research materials in the library.

To find a tutor, view the Peer Tutor Contact List. When emailing a tutor, please indicate what you'd like help with and the dates and times you're available.

Learning Strategist - Visit STU's Learning Strategist, Kathleen Hyndman, khyndman@stu.ca, GMH 305, to learn how to become the best possible version of yourself academically. This might mean developing a study plan, learning how to effectively manage your time, plan out your semester, or tips and tricks

on reading or taking notes. To book an appointment, visit stu.mywonline.com or visit Moodle → Student Services → [Learning Strategy Services](#)

Office Hours: take advantage of your individual Professors Office hours. This is the time they have set aside to meet with students. Perhaps you need clarification on an assignment or really don't understand a topic in class. If the office hours do not work for you, email them to set up an alternate appointment.

Harriet Irving Library - This is most likely where you will find the information you need to complete research assignments. Talk to the fine folks who work at the circulation and reference desks. They can help you with accessing databases, using online resources and finding and retrieving books.